

Training and instruction content

In domeba's **Training & Courses** software world, you can quickly and easily enter your own content in common standard formats (e.g. PowerPoint, PDF or SCORM). In cooperation with our competent content partners, we offer you a broad catalog of different training and instruction content, which is prepared according to current didactic recommendations.

The content is continuously reviewed and revised. Each of the units is designed with optional comprehension checks (three question sets as standard).

Working alone

- General information
- Auxiliary measures
- Safety instructions
- What to do in an emergency?
- Home office for employers
- Home office for employees

Occupational health and safety basis 1

- General information on operating instructions
- Initial instruction for trainees
- Hygiene in general
- Ladders & steps - General
- Requirements for stepladders, steps and platform ladders
- Requirements for single ladders
- Tripping and falling

Occupational health and safety basis 2

- Operational pandemic planning
- Emergency organization
- Safety and health protection labeling
- Cleaning work

Occupational health and safety basis 3

- Duties of the employer in occupational health and safety
- Coordination of external companies
- Coordination of work
- Coordination of external companies

Commuting & business trips 1

- What to do in the event of a commuting accident?
- Insurance cover on the way to work and on business trips

- General information on business trips
- Rules & effects

Commuting & business trips 2

- Microsleep I - Causes & signs
- Microsleep II - Prevention & immediate measures
- Accident - What now?
- Road safety

Construction site 1

- General information on dismantling work
- Use of lifting equipment
- Professional load lifting
- Construction site safety
- Safety during crane work
- Working in confined spaces

Construction site 2

- General information on hose lines
- Working with hose lines
- General information on waste water systems
- Working in sewage systems
- General information on gas pipes
- Working with gas pipes

Construction site 3

- Installation work
- Working with cement
- General information on working with earth-moving machinery
- Safety instructions for working with earth-moving machinery
- Working with wheel loaders
- General information on continuous

conveyors

- Protective measures when working with continuous conveyors

Operating instructions

- General information on operating instructions
- Hazardous substances
- Biological agents
- Machines and systems
- General information on risk assessments

Fire and explosion protection

- General information on fire protection
- Behavior in case of fire
- Fire classes, extinguishing equipment & extinguishing agents
- General information on explosion protection
- Risk assessment on explosion protection
- Protection concept for explosion hazards

Office

- Working alone in the office
- Sitting correctly at the office workstation
- The right desk for the office workstation
- Setting up your screen, mouse & keyboard correctly
- Call center
- Saving energy in the office
- Testing work equipment in the office

Electrics 1

- Basics for qualified electricians
- Effect of electricity
- Overview of protective measures
- Advanced protective measures

Electrics 2

- Protective equipment for the electrician
- Working in a de-energized state
- Work of the electrician with live parts
- Protective measures for working as a qualified electrician

Electrics 3

- First aid for electrical accidents
- Handling electrical devices
- Rules for the use of electrical appliances
- Electrical fires

First aid

- Basics of first aid
- Procedure in an emergency
- Testing first aid equipment

Hazardous substances

- Gases & compressed gas cylinders
- Labeling according to GHS
- General information on the Hazardous Substances Ordinance
- Protective measures for working with hazardous substances
- Cooling lubricants

Health prevention

- Occupational accidents & diseases
- Burnout
- Mental stress
- Addictive substances
- Conflict management in the workplace

Health protection

- General information on health protection
- Infection protection & hygiene
- General information on medical devices

Healthcare

- Nursing care for the elderly and sick I
- Nursing care for the elderly and sick II

- Correct action in the event of patient attacks
- General information on biological agents
- Protective measures when working with biological agents
- Working safely in hospital
- General Provisions of the Biocidal Products Regulation

Basics of compliance

- General Equal Treatment Act (AGG)
- Introduction to compliance
- Whistleblower Protection Act (Whistleblowing)
- Corruption prevention

Craftsmen

- Floor layers
- Painting and varnishing work
- Testing of work equipment
- Vehicle maintenance

Working at heights 1

- General information on fall arrest systems
- Fall arrest and restraint systems
- Working at height I
- Working at height II

Working at height 2

- Working with mobile scaffolding
- General information on working on scaffolding
- Checking scaffolding safety
- Working on work and safety scaffolding
- Working with lifting platforms

Intralogistics

- General information on pedestrian-propelled vehicles
- Correct handling of pedestrian-controlled AGVs
- Rules for working with pedestrian-controlled trucks
- Basics of driving a forklift truck
- Use of forklift trucks
- Safety measures when working with forklift trucks
- Transporting loads with a forklift truck
- Battery charging systems

IT security

- General information on data protection
- Opportunities and risks when using AI
- Data protection for companies
- General information on the GDPR
- Emails & usage guidelines
- Risks associated with email use
- Handling & recognizing spam mails

Food 1

- Food law
- Instruction according to the Infection Protection Act
- Equipment hygiene
- Allergies & food intolerances
- Obligations for the food industry

Food 2

- Structural facilities in the food industry
- Temporary premises
- Personnel hygiene for own staff
- Personnel hygiene for external personnel & visitors

Foodstuffs 3

- HACCP components
- HACCP hazard analysis
- HACCP concept

Logistics

- General information on working in the warehouse
- General information on warehouse equipment
- General information on traffic routes in the warehouse
- Lifting & carrying
- Traffic routes

Microsoft Office

- Links to Excel
- Links to PowerPoint
- Links to Word

Public administration

- Onboarding in the administration
- Online Access Act
- Lateral entry in local government 1
- Lateral entry in local government 2

Production 1

- Ergonomics - Back-friendly working

- Hazards when operating plant and machinery
- Protective equipment when working with machines
- Night & shift work
- General information on systems requiring monitoring
- Work on special systems requiring monitoring

Production 2

- General information on cutting machines
- Types of cutting machines
- Electrostatic coating
- General information on presses
- General information on pumps
- Safety during sheet metal processing
- Hot melt systems

PSA 1

- General information on PPE
- Foot & knee protection
- Ear protection
- Skin protection
- Head protection
- Protective gloves
- Protective clothing

PPE 2

- Fall protection

- respiratory protection
- Eye protection
- Rescue from heights and depths
- Protection against drowning
- stab protection

Welding

- General information on welding
- Welding methods
- Gas welding
- Electric welding
- Arc welding
- Harmful substances during welding

Special hazards

- Hazards due to ionizing radiation
- General information and first aid for cold work
- Protective measures for cold work
- Noise
- Laser
- General information on radiation protection
- Protective measures when working with radiation sources
- Working in Hot Weather – How to Stay Safe in High Temperatures

Transport logistics

- General information on loading and unloading trucks

- Who loads the truck?
- Loading bridges when loading & unloading trucks
- Correct load securing in the truck
- General information on transporting dangerous goods
- Dangerous goods classes & labeling of goods
- Work steps for transporting dangerous goods
- Rules for the driver of dangerous goods

Tools

- Cutter knife
- High-pressure cleaners & liquid jets
- Electric hand tools
- General information on hand tools
- Working with hand tools
- General information on motorized chainsaws
- Cutting techniques with motorized chainsaws
- Grinding

Zoo

- Ordinance on Biological Agents (when handling animals)
- General information on enclosure safety
- Safety levels of enclosure safety
- Hygiene in enclosures
- Safety measures when entering enclosures



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Contact us - we will check together whether we can realize your individual wishes.
We look forward to hearing from you!